

Placement of urinary bladder
cathether

General rules

1. Every placement of urinary bladder catheter should be medically indicated
2. The patient should be provided with intimate conditions
3. The patient should be informed about the procedure and obtained consent should be taken
4. The procedure should be performed using aseptic technique

Procedure of Foley insertion

*the procedure is performed by one person with a prepared sterile table with equipment

1. Introduce yourself
2. Explain the procedure to the patient
3. Obtain patient consent
4. Wash and disinfect your hands
5. Wear sterile gloves
6. Attach the urine drainage bag
7. Place sterile drape
8. Disinfect catheterisation area
9. Place sterile lubricant on Foley catheter
10. Place sterile lubricant into the urethra

Procedure of Foley insertion

11. Wait 3 minutes until lidocaine start to work
12. Hold the catheter with the dominant hand
13. Insert the catheter into the bladder to the bifurcation
14. Check the urine flow
15. Inflate the retention balloon with the volume indicated on the catheter
16. Gently pull back on the catheter until resistance is met to place it correctly
17. Place the drainage bag on the side of the patient's bed
18. Take off the gloves and place them in medical waste container
19. Wash and disinfect your hands